

BY SOLERA SENIOR LIVING



### Artisan at Hudson

Modern senior living that lets you create your lifestyle.

Artisan at Hudson offers a mosaic of opportunities for engagement and fulfillment. Here, your needs and preferences are prioritized, empowering you to enjoy every minute.

# Artisan at Hudson Live Distinctively. Every Day.

"I am proud that Artisan at Hudson is somewhere that you or a loved one would want to live. The community is ideal if you are seeking to maintain your independence in an urban setting while enjoying an active and engaging lifestyle and high-quality services delivered by attentive and caring staff.

We are excited for you to experience the difference."

ADAM KAPLAN | FOUNDER AND CEO, SOLERA SENIOR LIVING



#### Why Artisan at Hudson?

Artisan at Hudson offers an enriching lifestyle for those in pursuit of something more. More opportunities. More convenience. *More wow.* Here, you define the culture; you influence the lifestyle. We provide premium amenities and services to make life easier, more fulfilling, and more enjoyable. Five-star dining in welcoming venues. Friends around every turn. Our beautifully landscaped eight-acre campus sits on the Assabet River Rail Trail near everything you need and want. Local shops, restaurants, and galleries of downtown Hudson, Massachusetts, are just a short drive.

## What makes Artisan at Hudson different?

Discover your passions and create a way of life as individual as you are. MOSAIC, our multifaceted lifestyle approach, provides an array of resident-driven, enriching experiences, from classes to entertainment to clubs. Our sleek, modern design features scenic outdoor porches and patios for al fresco dining and enjoying the beauty of nature. Inside, sophisticated décor and finishes are wrapped in a cozy and comfortable neighborhood ambiance. All for a simple monthly rent.

At Artisan at Hudson, we believe that when a person can find purpose in their abilities, their overall health and wellbeing benefit. Come explore what we mean.



#### About Solera Senior Living.

Solera Senior Living has a singular focus: to develop, own, and operate communities that will inspire a better quality of life for seniors. With personalized service, engaging programs, and best-in-class amenities, Solera's innovative approach elevates the entire senior living experience.

Founded in 2016 and based in Denver, CO, Solera Senior Living's core pillars include attracting, developing, and engaging high caliber talent, consistently delivering exceptional hospitality services, creating enriching resident programs, utilizing smart technologies, delivering high-quality resident care, and designing elegant environments that are hyper-local and experiential.

## More engaged team. More satisfied residents.

Our approach is simple: give our residents the respect, dignity, independence, and quality of life that they deserve. This benefits not only the residents and their families, but also has a meaningful impact on our team as well. They don't look at working at Artisan at Hudson as a job—they look at it as a calling.













### Senior living elevated

We don't consider ourselves to be a senior living company that differentiates on hospitality. Rather, we're a hospitality company that provides exceptional services for seniors. You'll find everything is done above and beyond your expectations.



## Dining/Hospitality

#### **BUILT ON GOOD TASTE**

Those who crave elevated dining experiences will not be disappointed at Artisan at Hudson. Here, you and your family can enjoy delicious, 5-star choices reflecting both culinary mastery and refined taste. Healthy, gourmet foods are expertly prepared by a professional culinary staff whose goal is to exceed expectations in flavor, texture, and presentation.

Our uniquely designed dining rooms and cafés flow together so that you may choose a secluded dining spot yet still feel part of a lively, inviting ambiance. Al fresco dining is available, as is happy hour in two pubs.



#### Services/Amenities

Artisan at Hudson features the highest level of customized premium services and amenities. Our MOSAIC lifestyle approach gives you the opportunity to craft activities, programs, and events that create a beautiful life.

- **Exceptional Dining Experiences**—Indulge in homemade, seasonal, gourmet cuisine prepared by our Executive Chef in formal dining rooms, or opt for more casual fare in our cafés and happy hour in two pubs.
- **Beautifully Landscaped Outdoor Spaces**—Outdoor porches and patios, and a walking path providing easy access to the scenic Assabet River Rail Trail.
- Salon—Drop by for a new style or a touch-up.
- Activity Studios—Participate in classes, learn a new hobby, or rediscover your hidden talents.
- **Multipurpose Great Room in Memory Care**—Gather with fellow residents, friends, and family for entertainment and presentations.
- Fitness Center—Stay active and strong with state-of-the-art senior-friendly equipment.
- Wellness Center—Benefit from on-site services including physical and occupational therapy.
- **Theater**—Enjoy movies in a comfortable ambiance with fresh popcorn.
- **Transportation**—Let us do the driving for you.
- Concierge and Porter Services—Get assistance scheduling appointments or booking specialized services.
- Underground Parking—Climate-controlled for your comfort.
- Weekly Housekeeping and Linen Service—Our trained staff is here to serve you so that you don't need to worry about cleaning
  your apartment or washing linens.
- 24/7 Security for peace of mind.







## INDEPENDENT LIVING

#### Every day is yours to craft.

Live more, worry less: you've found genuine carefree living. Whether you spend the day on the nearby Assabet River Rail Trail, celebrate a birthday in one of our pubs, or shop in nearby Hudson, you are in charge. Independent Living at Artisan at Hudson is comfortable, friendly, and inspiring. We take care of life's daily details while you explore a true mosaic of opportunities for engagement and self-discovery. And with a wide range of private apartment floor plans blending relaxation with sophistication, you'll quickly feel right at home.

#### Life Enrichment Programs

- Continuing Education
- Intergenerational Programming
- Fitness Classes
- Spiritual Programming
- Guest Lecture Series
- Card Games
- Live Entertainment

- Outings to Cultural Events
- Art Classes
- Cooking Demos
- Wine Tastings
- Political Debates



## **ASSISTED LIVING**

#### The confidence to live as you choose.

Assisted Living at Artisan at Hudson is about ensuring that you have the freedom to live life on your terms. Every day, you can choose from a mosaic of activities, programs, and events. Movie nights. Art workshops. Live entertainment. Weekly outings. Or, you might choose to relax in your comfortable private apartment. And when you need a helping hand with daily activities, our professional staff delivers just the right amount of assistance. It's all here: a beautiful setting. An inspiring atmosphere. Your exceptional choice for Assisted Living.

#### Life Enrichment Programs

Staying engaged and involved is easy when you have access to so many top-shelf amenities and interesting activities that stimulate the mind, body, and spirit.

- Continuing Education
- Intergenerational Programming
- Fitness Classes
- Spiritual Programming

- Guest Lecture Series
- Card Games
- Live Entertainment
- Outings to Cultural Events
- Art Classes
- Cooking Demos
- Wine Tastings
- Political Debates

#### Resident Care

We fully recognize that our people are our strongest asset. That's why we are passionate about identifying and retaining team members that are genuinely caring, customer-service oriented, and dedicated to excellence. At Artisan at Hudson, our Caregivers, Certified Nursing Assistants, and Medication Technicians are supported by on-site licensed care. Our goal is always to help you maintain the highest possible level of independence.



## **CONNECTIONS MEMORY CARE**

#### Hands-on, heartfelt care for each moment.

We understand that those with dementia experience their environment differently, and that their needs are everchanging; day to day, even hour by hour. Through a program called Positive Approach to Care® developed by internationally acclaimed dementia care expert Teepa Snow, our Memory Care team identifies each individual's changing abilities and provides a personalized daily routine. Trained professionals take the time to get to know your loved one, understand their needs, respect their choices and preferences, and help them make the most of every day. Our calming, comfortable Connections neighborhood features a bright and cheerful activity room which leads out to a lovely secured outdoor patio.

#### Life Enrichment

Residents can take advantage of the MOSAIC lifestyle, which provides opportunities and encouragement for a diverse range of activities and social events, including:

- Large, small, and one-on-one Social Interactions
- Individualized Life Skills and Adaptive Programming
- Cultural and Community
   Engagement
- Music Therapy

- Cognitive Engagement Activities
- Family Events
- Core Strength, Balance, and Mobility Exercises
- Spiritual Programs
- Intergenerational Connectivity

#### Resident Care

Our secured neighborhood features higher staffing ratios and team members trained in Dementia Care that creates a highly specialized environment for residents with Alzheimer's. Artisan at Hudson's Caregivers, Certified Nursing Assistants, and Medication Technicians are all deeply dedicated to enriching the lives of the residents they serve and are supported by licensed nursing.

## PARKINSON'S CARE

#### Empowering your independence.

At Artisan at Hudson, we take a holistic approach to Parkinson's Care and other movement disorders, nurturing the body, mind, and spirit, working to tailor every aspect of your daily life. Your custom-designed personal care plan is developed by a coordinated care team, consisting of a physician or nurse practitioner, nutritionist, psychiatric nurse practitioner, and caregivers to improve mobility, function, posture, gait, balance, speech, and fine motor skills, as well as reduce rigidity and tremors.

We also incorporate physical movement, with classes taught by an exercise therapist, and offer chef-prepared menu options to support dietary needs. The result is a unique living experience designed to promote independence and enhance quality of life.

Our Move for Life therapists and movement specialists are specially trained in the following:

- LSVT BIG®—Move with Confidence and Purpose

  Personalized evereiges target fine motor skills (butter)
  - Personalized exercises target fine motor skills (buttoning a shirt) and gross motor skills (walking, balancing) to help improve your overall mobility.
- LSVT LOUD®—Find Your Voice and Connect with Ease
  - Specific techniques help you amplify voice volume, as well as recalibrate the perception of your voice, for more effective communication and engagement with the world around you.

We are here to support you, from managing symptoms, to reclaiming movement, to finding your voice again.

Senior living above the rest.

